



# Volunteer Opportunities

## Life Options

The Life Options Annex is looking for volunteers:

**SNAP (SCHOOL NUTRITION ADVOCACY PROGRAM)** – Volunteers establish a relationship with a young person while eating lunch at Vista Square Elementary, located at Fifth Avenue and G Street in Chula Vista. Volunteers receive a free lunch and will be trained to encourage children to eat fruits and vegetables. Time commitment is from 11 am to 12:30 pm once a week, however, volunteers are welcome to participate up to five days a week if they choose. Orientation will be held in the Life Options Annex behind Norman Park Center April 7 at 11 am. Training at Vista Square will be April 11 from 9 am to 1 pm. For more information please call the Life Options Annex at (619) 691-9774 or Vista Square at (619) 422-9208 x5419.

## Recreation

**YOUTH COED INDOOR SOCCER PROGRAM** – Pass, shoot and score! Volunteers teach and coach youths as they learn the game of soccer. Games are on Saturdays with practices held during the week. Time commitment is 4 to 6 hours a week from late March to mid June. For more information call James Northum at (619) 691-5084 or send him an email at [jnorthum@ci.chula-vista.ca.us](mailto:jnorthum@ci.chula-vista.ca.us).



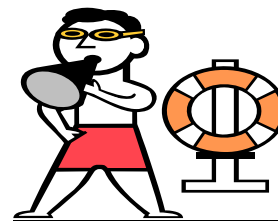
**ONE ON ONE VOLUNTEERS NEEDED** – There is a need for individuals that are interested in working one-on-one in recreation programs, classes or day camps with children, teens and adults with special needs. The Therapeutics Section of the department has programs, classes and day camps that vary on days and times depending on the season/month.

Anyone interested in working with a special population can contact Carmel Wilson at (619) 409-5800 for more details.

Also, Otay Recreation Center is always welcoming of those volunteers who need to fulfill school requirements for service hours. The center has a variety of duties that are delegated to those volunteers that want to help out in a community recreation facility that interacts mainly with school-age children.

**CLEANING UP THE OTAY RECREATION GARDEN** – The Otay Recreation Garden is in need of a group of volunteers for a clean up. The Otay Recreation Garden is located at 3554 Main Street in Chula Vista. The garden is in major disrepair and needs a clean up. Once the clean up is done, two groups will help maintain it. This would be a wonderful community beautification project and please note that lunch will be provided to all those who help clean up the garden. Clean up will be held on Saturday, March 18 at the Otay Recreation Garden. For more information or to register, please call Michelle Castagnola at (619) 409-5955.

**POOL LIFEGUARDS** – There are positions for volunteers at the pools; young, old, anyone who would like to help out. If you have swimming knowledge, it would be a great help in the mornings and afternoons during springtime. **The Junior Lifeguard** program will also be offered for those who want to learn about lifeguarding.



Participants will get training through classroom instruction and on-deck experience, and will receive certification from the American Red Cross upon successful completion of the program. Participants

will have the opportunity to gain valuable experience in pool operations through volunteer lifeguarding and instruction.

## Library

**BOOKSTORE VOLUNTEERING!** – The Library's Volunteer Program offers a variety of volunteer jobs and is currently looking for a Bookstore Volunteer to assist in the daily transactions at the bookstore.

- **Length of Assignment:** 3 months minimum.
- **Branch Locations:** Civic Center Library and South Library.
- **Contact Person:** Library Volunteer Coordinator: (619) 691-5000.
- **Bookstore Business Hours:**  
**Civic Center:** Mon. 6 pm-8 pm, Tu. & Thu. 10 am-1 pm, Wed. 1 pm-4 pm, Fri. 11 am-1 pm, Sat. 1 pm-3 pm  
**South:** Mon-Fri. 1 pm-5 pm, Sat. noon - 4 pm

To volunteer for the Chula Vista Public Library you must be at least 15 1/2 years old. For more information about our volunteer program, please call the Volunteer Coordinator at (619) 691-5000. Other volunteering opportunities include:

- Children's services
- Indexing
- Shelf reading & organization
- Inventory
- Record-keeping & filing
- Typing
- Museum docent
- Video/cassette/CD shelving
- Mending library materials
- Bookstore
- Children's program assistant
- Computer assistant
- Library greeter
- Literacy assistant



## SHARE YOUR KNOWLEDGE, BECOME A TUTOR! –

The Chula Vista Public Library is looking for adults to assist students from Junior High to High School with homework assignments and with exam preparation. Basic knowledge of Math and English is required. Tutoring sessions are offered Tuesdays and Thursdays from 6 pm – 8 pm at both the South Chula Vista Library Branch and the Civic Center Library Branch. For more information on how to become a Library volunteer tutor, please call the Library Volunteer Coordinator at (619) 691-5000.

## Volunteer Hours for Graduation

If you are looking for volunteer hours to meet your community volunteerism requirement, the City of Chula Vista can provide you with various opportunities. All recreation centers and libraries are open days, evenings and weekends, accommodating various schedules. They are willing to work with individuals who need just a few hours or 100+ hours.

The Nature Center, Animal Care Facility, Police and Fire departments will only accept individuals who are able to volunteer on a long-term basis due to the training involved. If you are interested in a career in law enforcement or firefighting, both departments offer an Explorer program that would be just right for you and would meet your volunteer hour requirements. For more information, call Bobbi Bennett, Human Resources at (619) 409-5956.



## Volunteer Applications

The volunteer application is available in (.PDF) for download at the City of Chula Vista's website at [www.chulavistaca.gov](http://www.chulavistaca.gov), go to the Human Resources Section and see Volunteer Opportunities. You may also pick up an application at the Human Resources Department at 276 Fourth Avenue, Chula Vista, CA 91910; (619) 691-5096.